# Using the LDM-100 Mirror Shortens 2nd Stage Labor 40%

For Nulliparous Women 111 Adds to her Birth Experience 121



LDM-100 Labor & Delivery Mirror



- ◆Mom can clearly see her progress
- ◆Mirror is out of the way, flush with the ceiling.
- ◆Conveniently positioned with remote control.
- <sup>[1]</sup> Driver, R, et at. 2025. Evaluation of Labor Mirror Use During the Active Pushing Phase of Second Stage of Labor. *Nursing for Women's Health*. 29(1)
- <sup>[2]</sup> Doyle J, et al. 2016. Maximizing Maternal Birth Experience through the Use of a Labor Mirror. *J Pregnacy and Child Health*. 3(1)

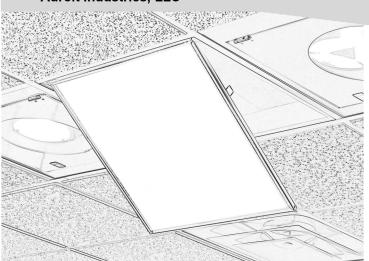
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Photographs Courtesy Community Hospital Munster, IN

US Patent 7,404,648







# **DESCRIPTION**

The Adroit LDM-100 is a ceiling-mounted, positionable mirror that aids the mom and the staff in the birthing process. It provides a comfortable, clear and unobstructed view for the mom.

When the mom is ready, the mirror is brought into viewing position. The optimum viewing angle for the mom is adjusted in seconds with the wireless remote control.

Mounted overhead, it is out of the way of the staff and overcomes all drawbacks of portable mirrors.

## **FEATURES**

- Clear View Large optical-quality acrylic mirror provides a comfortable, unobstructed view for the mom.
- Convenient Mounts in the ceiling; it is out of the way of staff. Retracts flush with the ceiling when not in use. Instantly ready for use.
- Easy to Use Positions with a handy remote control. Use when the mom is ready.
- Standard Mounting Mounts in a standard 2x2 ceiling grid enabling simple installation.
- Low Profile Easily retrofits in existing ceiling arrangements.
- Low Maintenance Requires only once-yearly replacement of the remote control battery.

### **TECHNICAL SPECIFICATIONS**

120 VAC, 1.0 Amp RF Remote Control – FCC certified Internal Circuit Protection: 1.0 A 3AG fuse UL Certified Unit Weight: 22 Lbs.

# **LDM-100**

# Ceiling Mounted Labor and Delivery Mirror

### REMOTE CONTROL

The wireless remote consists of up and down control buttons. The remote is tethered to a wall-mounted storage bracket. The bracket is mounted near the head of the bed on the wall or the monitor cart. The tether extends about 6 feet to allow the nurse to adjust the mirror alongside the patient's head, so that the view is ideal for her.



The remote control is powered by a standard camera battery and is user servicable.

# **LOCATION**

The LDM-100 is located in line with the bed and between the surgical lighting. This positioning provides a clear and unobstructed line-of-sight for the mom.

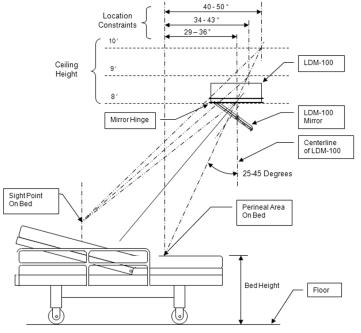


Fig. 1

Complete information regarding installation and operation can be obtained from the LDM-100 Owners Manual. See www.adroitllc.com for details.